Useful Reading about Psychoanalytic Psychotherapy

For those wanting to learn more about psychoanalytic psychotherapy, the books listed below — a small selection from a large body of literature — give an introduction to the field.

**General introduction**


**Assessment and case formulation**


**Self-Psychology, Intersubjectivity, and Object Relations**


**Psychoanalytic couple therapy**


**Infant, Child, and Adolescent Psychoanalytic Psychotherapy**


**Short-Term Psychodynamic Psychotherapy**